1. The way you see yourself and your feelings about your worth:

a. goal

b. attitude

c. career

d. self-concept

1. Skills are something that people:

a. must work to learn

b. are born with

c. pick up sooner or later

d. are given to us by other people

1. Your values are \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_ that you believe are

worth-while and important:

a. pleasant memories

b. personal standards

c. casual interests

d. personality traits

1. A combination of your interests, values, behaviors, and characteristics:

a. learning style

b. personality

c. lifestyle

d. aptitudes

1. The more education and training you have the more \_\_\_\_\_\_ you will have:
   1. opportunities
   2. friends
   3. vacations
   4. personalities
2. A checklist that matches your favorite activities to possible careers is called a/an:
   1. values survey
   2. interest inventory

c. aptitude checklist

d. learning style inventory

1. A collection of personal information including interests, education and plans for the future:

a. self-assessment

b. interest inventory

c. job outlook

d. career portfolio

1. The ability to perform a certain activity well is a/an:

a. aptitude

b. skill

c. hobby

d. interest

1. The potential or readiness to develop a skill or ability is:

a. interest

b. personality

c. value

d. aptitude

10. Which of these is NOT a correct statement about values?

1. will provide a high income

b. can be learned from your parents

c. gives you direction

d. affects career choices

11. A natural talent, method, or way in which a person learns best:

* + - * 1. learning style
        2. learning curve
        3. education style
        4. learning interest

12. The following is NOT an example of a skill:

a. building furniture

b. computer programming

c. assembling parts

d. manual dexterity

13. Something a person enjoys doing or thinking about:

a. skill

b. interest

c. aptitude

d. personality

14. The personality, career, or activity by which a person is known:

a. identity

b. self-concept

c. lifestyle

d. orientation

15. A personal evaluation to help you make decisions:

a. test

b. skill

c. identification

d. assessment

16. A procrastinator is someone who:

* 1. gets started on their projects early
  2. plans for future events
  3. always gets their work finished on time
  4. puts things off as long as possible

17. Where we live and how we spend our time is called:

* 1. career
  2. personality
  3. lifestyle
  4. learning style

18. You probably learned most of your values from:

a. reading books

b. friends in school

c. your family

d. watching TV

19. Which of the following is NOT a career skill?

a. communicating

b. reading

c. physical

d. listening

20. Most people select friends who:

a. are important

b. have interests like theirs

c. have lots of money

d. are famous